

Around the world in 32 meals - Senior

Schedule: Fall USA Road Trip/ Spring International cuisine

September

- 3- Into to the kitchen, how to prepare for each session, how to use materials, pancakes
- 10-All about Eggs, Soft scrambled, poached and omelets
- 17-USA Biscuits and Gravy
- 24- USA Southern Fried Chicken and Waffles

October

- 1-American Dutch Pot Pies
- 8- USA Gumbo
- 15-USA Navajo tacos/Fry Bread

- 22-Macaroni and cheese with mornay sauce
- 29-Roast Spatchcock chicken and peach cobbler

November

- 5-Cornbread and chili beans
- 12-New York Pizza
- 19-USA Thanksgiving pies
- 26-USA Turkey Prep

December

- 3-Christmas Fudge
- 10-Ancient Egypt Gingerbread cookies

January

- 7-Mexican Pasole
- 14-Mexican Enchiladas and rice
- 21-British Fish and Chips
- 28-French Monte Cristos

February

- 4-Indian Butter Chicken
- 11-Italian Risotto
- 18-Potato and leek soup
- 25-Swedish Crepes/ Crepes Suzette

March

- 4-New Orleans Beignets with chocolate sauce
- 11-Irish Corned Beef and Cabbage, Irish Apple Cake
- 18-Japanese Ramen
- 25-Singapore Noodles

April

- 1-Polish Pierogis
- 8-Hungarian Chicken paprikash
- 15-Indian Lemon Rice with carrots and onions
- 22-Australian Pavlova
- 29-Italian homemade pasta and sauce